

# TEACH US HOW TO PRAY BIBLE STUDY

## SESSION 1

### GROUP DISCUSSION QUESTIONS

1. Do you believe that God the Father loves you unconditionally? Explain.
2. Do you have a difficult time praying in intimacy with our Father in heaven due to past hurts and rejection with your earthly father or someone close to you? Explain.
3. Pray for one another to be released and healed of any hurts and feelings of rejection.

### DEEPER WALK – SESSION 1 (WEEKLY ASSIGNMENT)

**Please complete these suggested activities this week, to help you grow closer to God. Get a notebook to write out your thoughts and responses.**

1. **Journal:** Read the following two scriptures and SOAP on it.  
S – Scripture O – Observation A – Application P - Prayer

I will be a Father to you and you will be my sons and daughters, says the Lord Almighty. (2 Corinthians 6:18)

How great is the love the Father has lavished on us that we should be called children of God! (1 John 3:1)

2. **Pray:** Begin praying for God to fill you with a passionate love for Himself and a desire to pray and seek Him daily. Pray for the women in your group to experience the same joy.
3. **Conversation:** Think of someone you know who seems to have a strong prayer life with God. Ask that person about how she grew into this kind of relationship and her experiences with God in prayer.
4. **Reflection:** Reflect in writing about the current state of your relationship with God. How is your prayer life? Are you comfortable praying and talking to God? What changes, if any, would you like to see in your relationship with God and in your prayer life? Write down anything God speaks to your heart.
5. **Letter:** Write a love letter to God telling Him how you feel about His love for you as your Heavenly Father and your heart's desire to want to draw closer to Him.

## WHAT DOES S.O.A.P. MEAN?

**S** – The S stands for **Scripture** – You physically write out the scripture. You will be amazed as to what God will reveal to you just by taking the time to slow down and actually write out what you are reading.

**O** – The O stands for **Observation** – What do you see in the verses that you're reading? Who is the speaker and the audience? Is there a repetition in the words? What words stand out to you? Paraphrase the scripture in your own words.

**A** – The A stands for **Application** – Personalize what you have read. What is God saying to me today? How can I apply what I just read to my own personal life? What changes do I need to make? Is there an action that I need to take?

**P** – The P stands for **Prayer** – Pray God's Word back to Him and write it out. If He has revealed something to you during this time in His Word, pray about it. Confess areas in your life if God has revealed some sin and ask for His forgiveness. Pray to draw closer to God today.