

TEACH US HOW TO PRAY BIBLE STUDY

SESSION 4

GROUP DISCUSSION QUESTIONS

1. What does this scripture mean to you and how can you apply it to your life? Forgive us our debts (sins), as we also have forgiven our debtors (those who have sinned against us). (Matthew 6:12)
2. Are there people in your life that you need to forgive? Do you need to extend that forgiveness to yourself for any sins you have done in the past? Do you need to forgive God?
3. Each woman in the group will be given the opportunity to privately identify those in their lives who they will need to forgive and to take steps of faith to release them to the Lord. Please prepare your hearts for this time.

SESSION 4 - DEEPER WALK QUESTIONS:

Please complete these suggested activities this week, to help you grow closer to God. Get a notebook to write out your thoughts and responses.

1. Journal: Read the following two scriptures and SOAP on it.
 - a. S – Scripture O – Observation A – Application P - Prayer

For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins. (Matthew 6: 14-15)

In Him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace. (Ephesians 1:7)

2. Reflection: Remember how your life was before you knew Christ and how your life has changed since Jesus came into your heart. Reflect in writing your heart of gratitude to Jesus for His forgiveness of your sins and bringing salvation to your life. Forgive and release anyone that has hurt you and bless them in Jesus name. Read Luke 6:27-37.

3. Conversation: Have a conversation with a Sister In Christ and ask her to share a time when she forgave someone and how it brought freedom to her life. Share a story from your life as well.
4. Pray: Begin praying for God to give you joy and peace as you walk in the spirit of forgiveness for yourself and others. Pray for those you know who are still struggling with unforgiveness in their hearts and that God would give them the strength and grace to forgive.

WHAT DOES S.O.A.P. MEAN?

S – The S stands for **Scripture** – You physically write out the scripture. You will be amazed as to what God will reveal to you just by taking the time to slow down and actually write out what you are reading.

O – The O stands for **Observation** – What do you see in the verses that you're reading? Who is the speaker and the audience? Is there a repetition in the words? What words stand out to you? Paraphrase the scripture in your own words.

A – The A stands for **Application** – Personalize what you have read. What is God saying to me today? How can I apply what I just read to my own personal life? What changes do I need to make? Is there an action that I need to take?

P – The P stands for **Prayer** – Pray God's Word back to Him and write it out. If He has revealed something to you during this time in His Word, pray about it. Confess areas in your life if God has revealed some sin and ask for His forgiveness. Pray to draw closer to God today.